

LET’S BRUNCH			
Epping Breeze (G)	10.9	Egg, streaky bacon, cumber/and sausage, hash brown, beans	
Marlos Breeze (G)	13.9	Two eggs, streaky bacon, cumber/and sausage, hash brown, portobello mushroom, grilled cherry tomatoes, beans	
Turkey Turk (G)	13.9	Two eggs, turkey rusher, beef sausage, grilled cherry tomatoes, portobello mushroom, hash brown, beans	
Mediterranean (G, D)	14.5	Scrambled eggs, grilled halloumi, sucuk, feta cheese, olives, clotted cream, honey, tahini, feta cheese pastry, plum tomatoes, simit, Jam	
Marlos American (G, D)	13.9	Two fluffy pancakes, streaky bacon, cumber/and sausage, egg, seasonal fruit maple syrup	
Chicken & Waffles (G, D)	13.9	Butterfield crispy chicken, egg, Belgian waffle, seasonal fruits, maple syrup	

I’M GOING TO VEGGIE			
Shakshuka (V, G, D)	13.9	Homemade tomato sauce, peppers, onions, herbs, poached eggs, feta cheese, served with sour dough bread. Add sucuk £3.5	
Veggie Breeze (V, G, D)	13.9	Two poached eggs, avocado, two veggie sausage, grilled cherry tomatoes, grilled halloumi, portobello mushroom, bubble, hash browns, beans, house sauce	

JACKET POTATO			
Served with Garnish			
Plain	No Toppings only butter	5.9	
1 Topping	Add one ingredient from the selection below	7.9	
2 Toppings	Add two ingredients from the selection below	9.9	
3 Toppings	Add three ingredients from the selection below	10.9	
Ingredients			
Cheddar Cheese, Beans, Tuna Mayo, Chicken Mayo, Chilli Con Carne, Purple Coleslaw, Sweetcorn, Olives, Beef Sausage,			

FRENCH OMELETTES			
Served with salad & sour dough bread			
Plain Omelette	No Toppings	8	
Omelette 1	Add one ingredient from the selection below	10	
Omelette 2	Add two ingredients from the selection below	11	
Omelette 3	Add three ingredients from the selection below	12	
Omelette Ingredients			
Streaky Bacon, Parma Ham, Sujuk, Cumberland Sausage, Feta Cheese, Halloumi, Cheddar Cheese, Peppers, Tomato, Spinach, Portobello Mushroom, Onions			

BRUNCH EXTRAS			
Egg Poached/ Fried (V)	2	Nutella	2.5
Veggie Sausage (V)	2.5	Beef Sausage	2.5
Scrambled Eggs (3)	4	Sour Dough (V, G)	2
Olives (V)	3	Turkey Rashers (3)	3.5
Streak Bacon (3)	3.5	Jam (V)	1.5
Bacon (3)	3.5	Sucuk (3)	3.5
Feta Cheese (V, D)	2.5	Mixed Seasonal Fruits (V)	4
Baked Beans (V)	2.5	Cherry Tomato (V)	2.5
Halloumi (3) (V, D)	3.5	Spinach (V)	3
Hash Browns (2) (V)	2.5	Smashed Avocado (V)	3.5
Portobello Mushroom (V)	2.5	Fries (V, G, F)	3.5
Cumberland Sausage	2.5	Curly Fries (V, G, F)	3.9
Mac and Cheese	7.9	Sweet Potato V, G, F)	4.9
Maple Syrup	2.5		

SO SWEET SO MARLOS			
The Sweet Marlo’s Stack (V, D, G)	12.9	Three fluffy pancakes, mixed seasonal fruits, drizzled with a choice of maple syrup I honey I nutella	
Strawberry Burst (V, D, G, N)	13.9	Three strawberry infused fluffy pancakes, mixed seasonal fruits, soft cream, pistachio, almond flakes, maple syrup	
French Toast (V, D, G, N)	12.9	Brioche bread, mixed seasonal fruits, soft cream, almond, pistachio flakes, Jam, drizzled with a choice of honey I maple syrup I nutella	
Waffles (V, D, G, N)	12.9	Belgian waffles with seasonal mixed fruits, vanilla ice cream, drizzled with a choice of maple syrup I nutella	
Biscoff Waffles (V, D, G, N)	12.9	Biscoff waffles with seasonal mixed fruits, vanilla ice cream, drizzled with a choice of maple syrup I nutella	
Oreo Waffles (V, D, G, N)	12.9	Oreo waffles with seasonal mixed fruits, vanilla ice cream, drizzled with a choice of maple syrup I nutella	

LOVE THAT YOLK			
Eggs Royale (D, G)	12.9	English muffins, smoked salmon, poached eggs, hollandaise sauce	
Eggs Florentine (V, D, G)	10.9	English muffins, baby spinach, poached eggs, hollandaise sauce	
Eggs Benedict (D, G)	12.9	English muffins, topped with slice of Parma ham, turkey rasher, streaky bacon, poached eggs, hollandaise sauce	
Chicken Benedict (D, G)	11.9	English muffins topped with Butterfield crispy chicken, poached eggs, hollandaise sauce	

SALADS			
Chicken Caesar Salad (D, G)	12.9	Grilled chicken breast, crunchy lettuce, parmesan, croutons, Caesar dressing with sour dough bread	
Halloumi Salad (V, N, D)	11.9	Grilled halloumi, cherry tomatoes, walnuts, peppers, cucumber, avocado with tahini dressing	
Medi Salad (V)	11.9	Crunchy lettuce, mixed leaves, cherry tomatoes, red onions, feta, avocado, cucumber, olives, pomegranate seeds, drizzled in balsamic vinegar, French dressing	
Goats Cheese Salad (V, D)	12.9	Grilled goats cheese, mixed leaves, baby spinach, red beetroot, sun-dried tomatoes, pomegranate sauce, drizzled balsamic dressing	
Chicken Escalope Salad (D, G)	12.9	Chicken escalope with mixed leaves, cherry tomato, cucumber & salad dressing	
Tuna Vibes	14.9	Grilled fresh tuna, mixed leaves, olives, sliced avocado, cucumber, cherry tomato	

SUNDAY ROAST			
Available every Sunday			
ROAST CHICKEN BREAST (D, G)	18.95	ROAST WAGYU RIB-EYE (D, G)	22.95
Butter roasted breast, roast potatoes, honey glazed carrots, seasonal greens, Yorkshire pudding, rich gravy		Roast potatoes, honey glazed carrots, seasonal greens, Yorkshire pudding, rich gravy	
SIDES	ROAST POTATOES 4.9	MAC ‘N’ CHEESE (G) (D) 7.9	ROASTED VEGETABLES (GF) (V) 5.9

THAT’S A WRAP OR SANDWICH			
Choice of tortilla/ sour dough / ciabatta			
Supreme Chicken (D, G)	11.9	New Yorker (D, G)	12.9
Grilled chicken, spinach, melted cheese, sriracha sauce.		Steak slices, melted cheese, caramelised onions, gherkin, honey mustard sauce	
Salt Beef (D, G)	11.9	Marlos Wrap (D, G)	12.5
Grilled salt beef, French mustard, gherkin, melted cheese		Grilled chicken, grilled halloumi, avocado, tomato, mixed leaves, sweet chilli or mayonnaise	
Tuna Melt (D, G)	10.9	>Hello Halloumi (V, D, G)	10.9
Melted cheese, mixed leaves		Grilled halloumi, mixed leaves, sun dried tomato, peppers, hummus, avocado	
Chicken Escalope (D, G)	11.9	Veggie Wrap (V, D, G)	10.9
Breaded fried chicken breast, mixed leaves, tomato, melted cheese, mayonnaise, wrap or ciabatta		Grilled mix veggie, mix salad & avocado	
Falafel Wrap (V, G, VG)	10.9		
Hummus, smashed avocado, falafel			

PASTAS	
Alfredo Pasta	13.9
<i>Penne pasta, diced chicken, mushroom sauce topped with parmesan</i>	
Creamy Carbonara Pasta	11.9
<i>Linguine pasta, streaky bacon, pecorino cheese sauce, cracked peppercorn</i>	
King Prawn Pasta	16.9
<i>Penne pasta , prawns, in rich tomato sauce topped with cherry tomato</i>	
Penne Salmon Pasta	17.9
<i>Salmon, garlic cream sauce, fresh herbs, red chilli</i>	
Penne Arrabbiata (V) (E)	10.9
<i>Tomato based pasta with chi/li topped</i>	
Spaghetti Bolognese	13.9
<i>Fresh spaghetti pasta with beef bolognese, homemade tomato sauce and parsley</i>	
Beef Lasagne	14.5
<i>Bolognese sauce and béchamel topped with parmesan. Served with garnish salad</i>	
Milanese	15.9
<i>Penne pasta with homemade tomato sauce, cherry tomatoes, parsley.</i>	
<i>Served with a deep fried breaded butter infused chicken breast</i>	
Add Chicken	£4.9

BURGERS			
Served with fries and coleslaw			
Wagyu Burger	16	Apple wood smoked cheddar, caramelised onion, gherkin, special sauce, lettuce and tomato	
Marlos Stack	18.9	Double wagyu beef patty, apple wood smoked cheddar, caramelised onion, gherkin, special sauce, gherkin, lettuce and tomato	
BBQ Rib Burger	13.9	Beef rib glazed with BBQ sauce, crispy onions and fries	
Classic Chicken Burger	13.5	Breaded fried chicken burger with melted cheese, tomato, lettuce & mayo	
Grilled Chicken Burger	13.5	Chicken breast, apple wood smoked cheddar, caramelised onion, gherkin, special sauce, lettuce and tomato	
Veggie Burger (VE)	12.9	Hellim, mushroom, aubergine, lettuce and tomato	

GET GAINS WITH GRAINS	
Granola (V, D, G)	9
<i>Organic Greek yogurt, granola, mixed seasonal fruits berry Jam or honey</i>	
Porridge (V, D, G, N)	8
<i>Served with seasonal fruits, choice of almond, soy, organic milk with a side of honey or maple</i>	

LETS GET SMASHED			
All Served with Garnish			
Classic Crushed Avocado (V, D, G)	11.9	Toasted sour dough, crushed avocado, topped with poached eggs, feta crumbs, drizzled in olive oil	
Crushed Avocado Smoked Salmon (D, G)	13.9	Toasted sour dough, crushed avocado, topped with smoked salmon, poached eggs, drizzled in olive oil and lime dressing	
Crushed Avocado Streaky Bacon /Turkey Rasher	13.9	Toasted sour dough, topped with poached eggs, drizzled in olive oil	

FOR THE KIDS			
Scrambled Eggs Beans, Sausage	7.9		
Pancake & Egg	7.9		
Plain Omelette & Chips	6		
Waffle with Fruit	7.9		

HOT DRINKS			
	Single	Double	
Espresso	2	2.8	Babyccino 1.5
Macchiato	2.2	3	English Breakfast 2.5
Americano		3.5	Herbal Tea 3.1
Cappuccino		3.7	Chai Latte 3.6
Latte		3.7	Ice Frappe 3.9
Mochaccino		4.1	Syrups 0.7
Hot Chocolate		3.8	Vanilla, Caramel, Hazelnut
Cortado		3.3	Milks 0.7
Ice Latte		3.8	Soya, Oat, Almond, Coconut

SOFT DRINKS			
Coke 330ml	Glass Bottle	3	Fanta 330ml 3
Still Water		2.5	Glass Bottle
Sparkling Water		2.5	Red Bull 3.5
Diet Coke 330ml		3	Coke Zero 2.8
Glass Bottle			Sprite 3

SMOOTHIES			
Pineapple Surprise	5.5	Raspberry Dream	5.5
Pineapple, Mango & Pear		Raspberry, Mango, Papaya, Grape	
Strawberry Delight	5.5	Cranberry Squeeze	5.5
Strawberry, Banana & Peach		Cranberry, Pineapple, Mandarin & Grape	
Blueberry Bliss	5.5	Cranberry Squeeze	5.5
Wild Blueberry, Raspberry, Mango & Papaya		Cranberry, Pineapple, Mandarin & Grape	

SHAKES			
Snickers	6.5	Banana	6.5
Ferrero Rocher	6.5	Mars	6.5
Oreo	6.5	Strawberry	6.5

FRESHLY SQUEEZED JUICES			
Orange	4.9	Apple	4.9
		Carrot	4.9

JUICES			
Cranberry Juice	2.5	Tomato Juice	2.5
Orange Juice	2.5	Pineapple Juice	2.5
Apple Juice	2.5		



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SCAN ME

Please advise us if you have dietary requirements, before you order, if you have any allergies or would like to know more about the ingredients. We can not guarantee that all our dishes are 100% free from nuts or their derivatives.

(G) Gluten I (C) Celery I (D) Dairy I (E) Egg I (Se) Sesame (N) I Nuts I (CR) Crustacean I (V) Vegetarian I (Ve) Vegan